

Jasper Goodall has been nominated  
for the Junior Sports Star award.

Picture: ALAN PLACE



# Gold, gold, gold for Jasper

**Rob Bates**

VAUCLUSE resident Jasper Goodall, 11, one of the elite Cranbrook Eastern Edge Swimming Club's shining stars, is this week's nominee for the *Wentworth Courier's* Junior Sports Star competition.

In 2008 Jasper earned the admiration of his club-mates at the district swimming championships by breaking a 100m freestyle record that had previously been held for 11 years. He hasn't looked back since.

He was named school swimming champion at Rose Bay Public School

this year and recently won a gold medal for the 100m backstroke at the metropolitan championships, gold for the 50m freestyle at the Speedos Sprints state competition and another gold at the Australian School Sports Championships as part of the under-12 4x100m freestyle relay team.

He also bagged two silver medals for the 100m fly and freestyle at the metropolitan championships, and two bronze medals for freestyle and fly at the state age winter championships last year.

Jasper said he'd loved swimming since he started training at the age

of seven, but that it had become even more fun as his results improved in the past few years.

"I love swimming; I think it's a great sport, but winning is the most fun," Jasper said.

"I hope one day I can swim in the Olympics and my coaches say if I train hard I could."

Training from 5.30am to 7am six or seven times a week, Jasper said getting to the top would be a hard slog, but that he was up to it.

"I've got our state age competition in a couple of weeks, so I really want to be ready for that. Swimming is

all about dedication and training."

Jasper said the coaches at Eastern Edge were a big part of the club's success and that they'd helped him greatly improve his stroke.

His mum Gaye Goodall said being in a club with so many elite swimmers had made an enormous difference, giving the younger swimmers a glimpse of what it takes to be successful in the sport.

The *Wentworth Courier* Junior Sports Star competition is sponsored by Rebel Sport, Sydney Uni Sport and Fitness, and Moore Park SupaCenta.